

Healthy Living in Healthy Communities



Help your community achieve optimal health:

STAY ACTIVE VOLUNTEER TODAY

Bring a smile to someone's day by offering a helping hand.

Parkland Integrated Health Centre is looking for enthusiastic people to assist with recreational activities such as outings, entertainment, visits, baking and gardening.

Outings and walks



One-on-one visits

Entertainment



Special events

Baking and gardening



Board and card games

Prince Albert Parkland Health Region
Volunteer Services Department
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Prince Albert, SK S6V 5T4
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Website: www.princealbertparklandhealth.com

**Parkland Integrated
Health Centre**
306-747-6841